# **Eugen Sandow bodybuilding lantern slides**

## Ms Coll 112



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2025

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#### **Collection Overview**

REPOSITORY: Medical Historical Library, Cushing/Whitney Medical Library

Yale University 333 Cedar St.

New Haven, CT 06520-8014

203-737-1192 203-785-5636

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CALL NUMBER: Ms Coll 112

**CREATOR:** Camera Club of New York (1888-)

TITLE: Eugen Sandow bodybuilding lantern slides

**DATES:** circa 1888-1897

PHYSICAL DESCRIPTION: .3 linear feet (1 box)

**LANGUAGE:** English (Latin script)

SUMMARY: Includes 16 black and white lantern slides depicting Victorian bodybuilder

Eugen Sandow in various poses, often mimicking Greek statues. Labels read "created by New York Camera Club," an amateur photography club formed in 1888 when a group split from the Society of Amateur Photographers. In 1897 the two clubs were joined back together as the Camera Club of New York.

**ONLINE FINDING AID:** To cite or bookmark this finding aid, please use the following link: https://

hdl.handle.net/10079/fa/med.ms.0112

### **Administrative Information**

## **Immediate Source of Acquisition**

Purchased from Palinurus Books, 2012.

## **Conditions Governing Access**

The collection is open for research.

## **Conditions Governing Use**

Copyright status for collection materials is unknown. Transmission or reproduction of materials protected by U.S. Copyright Law (Title 17, U.S.C.) beyond that allowed by fair use requires the written permission of the copyright owners. Works not in the public domain cannot be commercially exploited without permission of the copyright owners. Responsibility for any use rests exclusively with the user.

#### **Preferred Citation**

Eugen Sandow bodybuilding lantern slides. Historical Library, Harvey Cushing / John Hay Whitney Medical Library, Yale University.

## Biographical / Historical

Eugen Sandow (1867-1925), born Friedrich Wilhelm Müller, was a German strongman performer and bodybuilder who is credited with inventing the modern approach to bodybuilding. Sandow performed in circus and strongman competitions in Europe and the United States before opening a chain of public gymnasiums called the Institutes of Physical Culture, which offered classes on methods of exercise, dietary habits and weight training. He developed his own body to mimic the exact proportions of figures in Greek statues. In 1898, Sandow founded the monthly periodical *Physical Culture*, later renamed *Sandow's Magazine of Physical Culture*. He also authored a series of books, one of which coined the term "bodybuilding," designed exercise equipment, and organized international bodybuilding competitions.

## **Content Description**

Includes 16 black and white lantern slides depicting Victorian bodybuilder Eugen Sandow in various poses, often mimicking Greek statues. Labels read "created by New York Camera Club," an amateur photography club formed in 1888 when a group split from the Society of Amateur Photographers. In 1897 the two clubs were joined back together as the Camera Club of New York.

## **Selected Search Terms**

The following terms have been used to index the description of this collection in the Library's online catalog. They are grouped by name of person or organization, by subject or location, and by occupation and listed alphabetically therein.

#### **Subjects**

Bodybuilding Physical education and training Portrait photography

#### **Genres / Formats**

Lantern slides Photographs

#### **Names**

Sandow, Eugen, 1867-1925